

# Ask Your Compounding Pharmacist

By Amanda Welch, PharmD, RPh



## How can compounding help autistic patients?

Autism spectrum disorder (ASD) is a group of developmental disorders characterized by socialization, communication and behavioral challenges. The rate of ASD has been growing with the Centers for Disease Control and Prevention now estimating that 1 in 68 children are affected. Giving medication to children can be difficult, but autism may present additional obstacles.

Luckily, a compounding pharmacy like Kare can help assist patients and caregivers in a variety of ways to help manage ASD. The pharmacist and technicians may customize a regimen to improve behavioral symptoms, decrease GI problems, alleviate sleep disorders, or meet the patient's complex nutritional needs. Medications can be made free of additives and preservatives like casein, lactose, and gluten for sensitive patients.

In addition, to make administration easier, Kare Pharmacy can prepare the necessary medications or vitamins/minerals in unique dosage forms like transdermal creams, flavored suspensions, gummies, popsicles, lollipops, or more.

- Alcohol-free, dye-free & preservative-free medications
- Discontinued medications
- Drug shortages
- Required strength not available
- Required dosage form not available
- Economic hardship
- Side effect intolerance
- Patients not responding to conventional drug therapy
- Medication flavoring

*If you or someone you know could benefit from customized medications, please call 434-792-8281 to see how our compounding team can help you!*



138 Arnett Blvd | Sherwood Shopping Center | Danville, VA 24540  
Tel: 434.792.8281 | Fax: 434.792.3235  
pharmacist@kare-rx.com | www.kare-rx.com